



Canadian National Championship 2024

Friday August 30th – Sunday September 1st

Burnaby Lakes Rugby Club

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Welcome Letter

Introduction

A Chairde,

On behalf of the Vancouver Gaelic Athletic Association (Vancouver GAA), the Canadian National Championship (CNC) organizing committee, and Canada GAA, we are delighted to welcome you to Burnaby for the Canadian National Championship 2024. This year's championship is a momentous occasion, marking one of the largest gathering of Gaelic sports enthusiasts in Canada's history, and we are thrilled to have you here to share in this experience.

The Canadian National Championship is not just about the competition; it is a celebration of our shared love for Gaelic games and Irish culture. Whether you have traveled from afar or are a local team, your presence here adds to the vibrant community spirit that defines this event. We are honored to host you in the Vancouver area, known for its stunning natural beauty and rich cultural tapestry, which serves as the perfect setting for this extraordinary weekend.

As you prepare to compete in Gaelic Football, Hurling, and Camogie, we encourage you to bring your best to the fields. The dedication, skill, and sportsmanship you display are a testament to the hard work you have invested in your teams. But beyond the competition, we hope you will take this opportunity to forge new friendships, strengthen existing bonds, and immerse yourself in the festive atmosphere that surrounds the championship.

We would like to extend our heartfelt gratitude to everyone who has contributed to making this event possible—our athletes, coaches, the referees, volunteers, and supporters. Your commitment to Gaelic sports and your unwavering support for this championship are the driving forces behind its success. A special thanks to the clubs who have journeyed from across Canada and the United States to be here; your participation underscores the unity and strength of our Gaelic community.

As we come together over the next two days, let us remember that the true spirit of Gaelic games lies in unity, respect, and the joy of our shared heritage. We hope the memories you create here will last a lifetime, and that this championship will be a highlight of your sporting year.

Thank you for being part of the Canadian National Championship 2024. We wish all teams the very best of luck and look forward to a weekend filled with excitement, camaraderie, and celebration.

Sláinte agus buíochas.

Land Acknowledgment

We respectfully acknowledge that the 2024 Canadian National Championships for Gaelic Games is taking place on the the ancestral and unceded homelands of the hən̓q̓əmin̓əm' and Skwxwú7mesh Sníchim speaking peoples, and we extend appreciation for the opportunity to hold our competition on this territory.

Thank You to Our Sponsors

Gold Sponsor



Silver Sponsor



Bronze Sponsor



Medal Sponsors



St. Patrick's Parade Society Toronto



In Kind Sponsors



Registration

Registration

Location: Irish Consulate Vancouver - 1095 W Pender St #1300, Vancouver, BC V6E 2M6

Date: Friday August 30th

Time: 6 – 8pm

Tournament registration will take place on Friday, August 30th, at the Irish Consulate Vancouver from 6:00 PM to 8:00 PM.

We request that each club send two representatives for the registration process. Vancouver clubs can also register from August 26th to August 30th. Exact times and dates will be communicated directly to the clubs.

Club representatives should bring individual team lists based on level and code. These lists must match those previously submitted to the CNC registrar. Corresponding wristbands will be provided to confirm eligibility for the weekend's games. Non-playing traveling club members should be noted on a separate list for the official after-party on Sunday evening.

We encourage all club representatives to wear their club gear for the registration.

Transportation & Directions

Directions to the Fields

Burnaby Lake Rugby Club, 3760 Sperling Ave, Burnaby, BC V5B 4X5

Driving from Downtown Vancouver:

- Head east on Georgia Street and merge onto BC-1 E/Trans-Canada Highway via the ramp to North Vancouver.
- Continue on BC-1 E for approximately 12 km.
- Take exit 32 for Sprott Street/Kensington Avenue.
- Merge onto Sprott Street and continue straight.
- Turn right onto Sperling Avenue.
- Continue on Sperling Avenue until you reach the entrance to Burnaby Lake RFC on your right.

Public Transportation

Burnaby Lake Rugby Club, 3760 Sperling Ave, Burnaby, BC V5B 4X5

From Downtown Vancouver:

- Take the Expo Line SkyTrain from any downtown Vancouver station heading towards King George or Production Way–University.
- Get off at Sperling-Burnaby Lake Station.
- WALK – 12 mins walk due South from Station
- OR BUS - From Sperling-Burnaby Lake Station, take Bus #144 SFU
- Get off at Sprott Street and Sperling Avenue.
- Walk north on Sperling Avenue to reach Burnaby Lake Rugby Club.

Shuttle Bus Transportation

Shuttles will be provided to and from the pitch from the following partner hotels:

- **Accent Inns Burnaby, 3777 Henning Dr, Burnaby, BC V5C 6N5**
- **Element Vancouver Metrotown, 5988 Willingdon Ave, Burnaby, BC V5H 2A7**
- **Executive Plaza Hotel Coquitlam, 405 North Rd #1, Coquitlam, BC V3K 3V9**

Buses will be on a schedule throughout the day from 8:00am until 7:00pm. Buses will be labeled with hotel names. Pickup and drop-off area is located near the main entrance.

Bus schedule to follow.

Venue Information

Admission

Admission to the Canadian National Championship 2024 is FREE! We warmly encourage you to invite anyone you know who will be in Vancouver over the Labour Day weekend to come out and support the event. Bring your friends, family, and anyone interested in experiencing the excitement of Gaelic games and Irish culture.

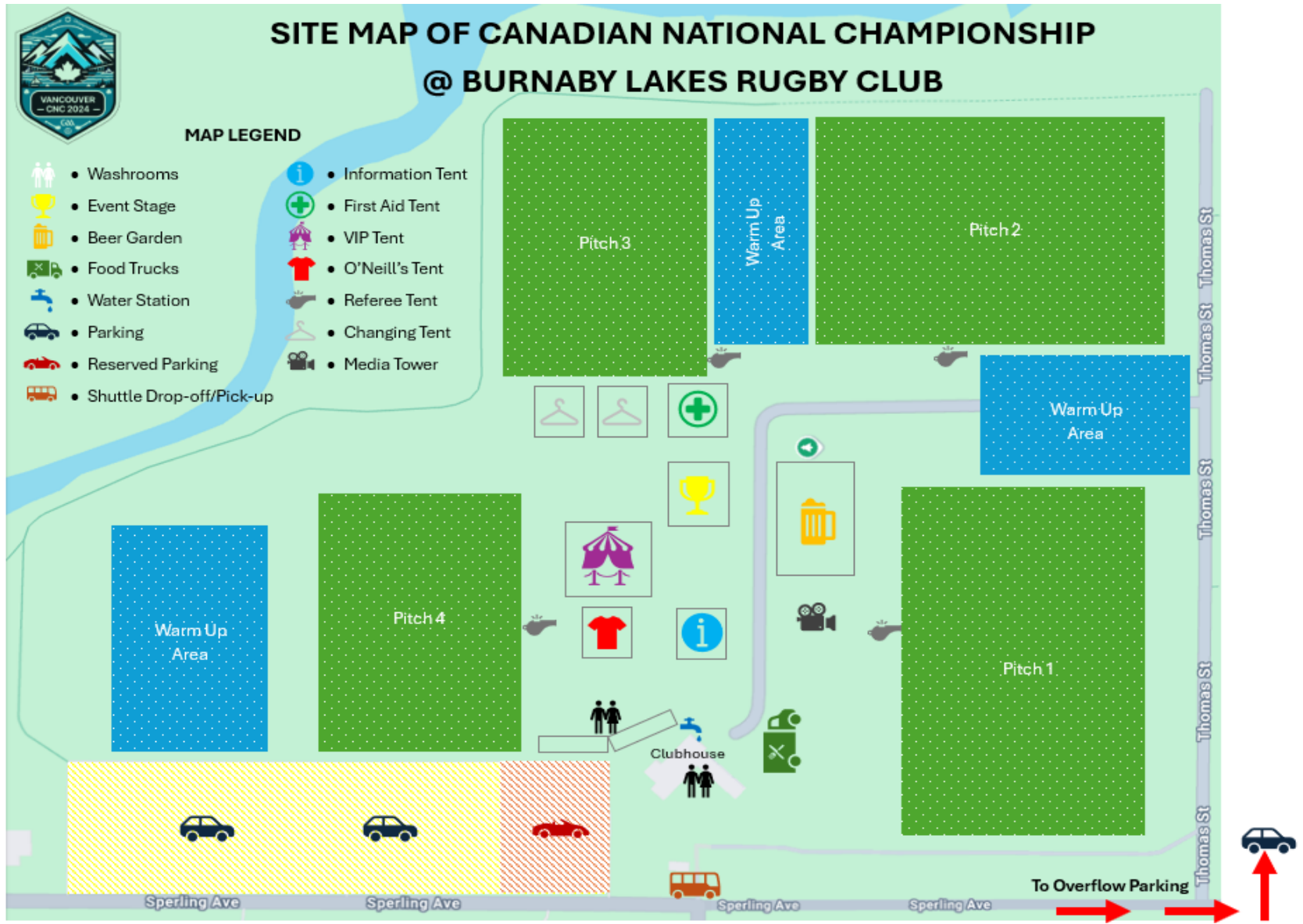
Onsite Parking

Onsite parking will be available at Burnaby Lakes Rugby Club, but please note that spaces are limited. To reduce congestion, we strongly encourage local clubs and spectators to use alternative transportation methods such as public transit, car-sharing services (Evo/Modo), or carpooling whenever possible.

Designated parking areas will be clearly marked with CNC signs. Please plan your travel time accordingly to arrive at Burnaby Lakes Rugby Club well in advance of your scheduled activities.

For overflow parking, attendees will be directed to Burnaby Lake East Field #10 (Gravel) on Sperling Ave/Thomas Street.

Site Map of CNC



Event Facilities

- [Washrooms](#)

Public washrooms are available at the front of the clubhouse. Additionally, there are portable washrooms located nearby to accommodate all attendees.

- [Tournament Information Tent](#)

This tent is your go-to spot for CNC information, registration, match schedules, score updates, and retrieving lost items.

- [Referee Tent](#)

A dedicated referee tent is located at each pitch for match officials.

- [Changing Tent](#)

A communal changing area is open to all participating teams. Please note that we advise against leaving personal belongings in this area.

- [Medical Tent](#)

This tent is designated for medical emergencies, injuries, and lost children. Please visit here if you require immediate assistance.

- [O'Neills Merchandise Tent](#)

There will be a variety of Canada GAA merchandise, including jerseys, shorts, and other gear, available for purchase at the O'Neill's Merchandise Tent.

Food & Drink Onsite

- [Food Vendors](#)

There will be plenty of delicious options on-site throughout the weekend to keep you fueled with food and non-alcoholic beverages available for purchase.

Saturday: Gs Donnair, Little Devils Pizza, Wings

Sunday: Crack On Vancouver, Wings, Shameless Buns

- [Beer Garden](#)

The Wandering Tap will host our on-site CNC 2024 beer garden, featuring a variety of local and international brews on tap, along with ciders and seltzers. It's the perfect spot to relax and enjoy the games and festivities. And better still, proceeds from every drink purchased here will go to supporting this event. Please respect the venue and the following notes:

- **Alcohol Consumption:** Alcoholic beverages can only be consumed within the beer garden area as per our permitting regulations.
- **ID Requirement:** Please have your ID ready, as it is required to receive a wristband for entry into the beer garden.
- **Entertainment:** Light music will be played in the beer garden on Sunday afternoon. The music will wind down shortly after the cup and medal presentations.
- **Hours of Operation:** The beer garden is open from 11:00 AM until 1 hr after game play, each day.

- [Water Stations](#)

Water stations will be available throughout the site. We encourage you to bring your own water bottle to reduce plastic waste and refill as needed. Please remember to stay hydrated throughout the day.

Photography & videography Disclaimer

Please be aware that photography and videography will be taking place throughout the Canadian National Championship 2024. By attending this event, you consent to your image and likeness being captured and used for promotional purposes by the Vancouver Gaelic Athletic Association (Vancouver GAA), Canada GAA, and affiliated partners.

These images and videos may be used in various formats, including but not limited to websites, social media, promotional materials, and media coverage. If you do not wish to be photographed or filmed, please inform the event organizers at the Info Tent upon arrival.

Event Schedule & Operations

Competition Rules

With 92 games scheduled across 4 pitches over the two days, we are set for an exciting weekend of Gaelic Athletics. To ensure the smooth running of the competition, please adhere to the following guidelines:

- **Game Schedule:** Pay close attention to the game schedule and be ready at the appropriate time and pitch location. Timeliness is crucial to ensure that matches start and end as planned.
- **Pitch Locations:** Each pitch will be clearly marked. Make sure you are familiar with the layout and know where your team's games will be held.
- **Respect the Referees:** All decisions made by the referees are final. Please show respect for match officials at all times.
- **Team Sheets:** Hand in your team sheets to the referee before the start of your game. This helps in the accurate recording of players and game details.
- **Post-Game Assistance:** Each club must nominate three officials who may be asked to officiate as umpires/line umpires. These names should be submitted to the Field Marshall prior to your first game. Vancouver GAA will also have additional umpires & line umpires available for the first games each day
- **Score and Standings:** Scores and team standings will be posted at the Tournament Information Tent and announced on social media throughout the day. Please check these sources for the latest updates on the competition.

Your cooperation is essential in ensuring that all games are properly officiated and that the tournament runs smoothly.

Match Schedules

It is critical that all teams be prepped and ready to play at least 10 minutes ahead of their designated game times. This ensures the smooth running of the tournament and allows us to stay on schedule for the weekend's events.

Please see website and social media for latest version of match schedule.

Presentations

Medal ceremonies and presentations will take place immediately after each final on the CNC 2024 Stage. Make sure to gather your team and supporters to celebrate your achievements!

Health & Safety Guidelines

To ensure a safe and enjoyable experience for all attendees, we kindly ask you to observe the following rules and guidelines:

Health & Safety

- **Hydration:** Stay hydrated throughout the event. We have water stations available throughout the site. We encourage you to bring your own water bottle to refill as needed. Adequate hydration is essential for maintaining performance and preventing dehydration.
- **Heat/Sun Care:** Protect yourself from heat and sun exposure. Wear appropriate sun protection, including sunscreen, hats, and sunglasses. Take regular breaks in shaded areas to avoid heat exhaustion. Be mindful of the signs of heat-related illnesses such as dizziness, nausea, and fatigue.
- **Concussion:** Be aware of the symptoms of a concussion, including headaches, dizziness, confusion, and nausea. If a player shows signs of a concussion, they should immediately stop playing and seek medical attention at the Medical Tent. Players diagnosed with a concussion must follow a graduated return-to-play protocol before resuming activity.
- **First Aid and Emergencies:** In case of a medical emergency, please head to the Medical Tent or inform a member of the event staff immediately. Please be mindful of flying footballs and sliotars during the games. Spectators should be aware of their surroundings to avoid any potential injuries.
- **Bear Safety:** Please be aware that there have been bear sightings in the area. To ensure your safety:
 - Do not leave food or food waste unattended or in easily accessible areas.
 - Keep a safe distance if you encounter a bear and do not approach it.
 - Report any bear sightings immediately to event staff or security personnel.

- **Medical Facilities:** Here is a list of facilities conveniently close to Burnaby Lake Rugby Club that can provide various medical and pharmaceutical needs.

Hospital:

Burnaby Hospital

Address: 3935 Kincaid Street, Burnaby, BC V5G 2X6

Phone: +1 604-434-4211

Distance: Approximately 4 km (10 minutes drive) from Burnaby Lake Rugby Club.

Urgent Care:

Burnaby Urgent & Primary Care Centre

Address: 4855 Canada Way, Burnaby, BC V5G 1T6

Phone: +1 604-453-5470

Distance: Approximately 3.5 km (10 minutes drive) from Burnaby Lake Rugby Club.

Walk-In Clinic:

Care Point Medical Clinic

Address: 4939 Canada Way, Burnaby, BC V5G 1M5

Phone: +1 604-430-3939

Distance: Approximately 2 km (5 minutes drive) from Burnaby Lake Rugby Club.

Pharmacy:

Shoppers Drug Mart

Address: 4450 Still Creek Avenue, Burnaby, BC V5C 4E3

Phone: +1 604-291-0402

Distance: Approximately 2 km (5 minutes drive) from Burnaby Lake Rugby Club.

Venue Rules and Guidelines

- **Respect the Grounds:** Please dispose of all litter in the designated bins provided around the venue. Help us keep the grounds clean and tidy by picking up after yourself and your team.
- **Parking:** Please park only in designated areas and follow any directions given by parking attendants. Illegally parked vehicles may be ticketed or towed at the owner's expense.
- **Alcohol Consumption:** Aside from The Wandering Tap Beer Garden, drinking alcohol is permitted year-round in City of Burnaby parks for adults (19+). However, please be aware that alcohol is prohibited in restricted areas such as playgrounds, parking lots, washrooms, and field houses. While you may enjoy alcoholic beverages within the permitted areas, we ask that you respect these restrictions and drink responsibly.
We strongly encourage patrons to support the CNC 2024 Beer Garden as much as possible, as proceeds help fund future events and support our community.
- **No Smoking or Vaping:** Burnaby Lake Rugby Club is a smoke-free venue. Smoking is strictly prohibited within the grounds, including near the fields and other facilities.
- **Pets:** Dogs are welcome in all areas of the park, provided they are kept on a leash. Please ensure your dog is under control at all times and clean up after your pet.
- **Field Access:** Only players, coaches, referees, and authorized personnel are permitted on the playing fields. Spectators are asked to remain in designated viewing areas.
- **Personal Belongings:** The Burnaby Lake Rugby Club is not responsible for any lost or stolen items. Please keep your personal belongings secure.

Emergency Plan

Your safety is our top priority. Please take a moment to familiarize yourself with the following procedures in case of an emergency:

- **In Case of Emergency:**
 - Remain calm and follow the instructions of event staff and security personnel.
 - If you witness or are involved in an emergency situation, immediately alert event staff or volunteer, or the nearest first aid provider.
- **Nearest Exits:**
 - Familiarize yourself with the location of the nearest exits when you arrive at the venue.
 - Exits are clearly marked throughout the Burnaby Lake Rugby Club grounds. Event staff can guide you to the closest exit in case of an evacuation.
- **First Aid Locations:**
 - The Medical Tent is located centrally on the grounds and is clearly marked with signage. This tent is staffed by trained medical personnel who are available to assist with injuries, health concerns, and lost children.
- **Evacuation Procedures:**
 - In the event of an evacuation, please move calmly and quickly to the nearest exit. Do not stop to collect personal belongings.
 - Follow the directions of event staff and volunteers, who will guide you to safe areas.
- **Severe Weather:**
 - If severe weather is expected or occurs during the event, announcements will be made over the public address system. Please follow all instructions given regarding sheltering in place or evacuation.
- **Fire:**
 - If you see or smell smoke or notice a fire, alert event staff immediately.
 - In case of fire, evacuate the area using the nearest exit and move to a safe location away from the building or grounds.
- **Bear Sightings:**
 - If a bear is sighted on the premises, the referee will pause the nearest game(s).
 - We ask all attendees to remain calm, face the bear without making eye contact and back away slowly. Never approach, chase or run away from the bear.
 - For more information visit www.wildsafebc.com
- **Lost Children:**
 - If a child becomes separated from their group, report to the Medical Tent immediately.
 - Children who are found unattended will be brought to the Medical Tent until reunited with their guardians.
 - Please note: No child will be treated at the medical tent without a parent, coach, or guardian present.
- **Emergency Contact Numbers:**
 - For any emergencies requiring immediate attention, please call 9-1-1.
 - Event staff and volunteers can also contact emergency services on your behalf.

CNC Official After Party



Foy's Irish Bar Vancouver

Sunday September 1st

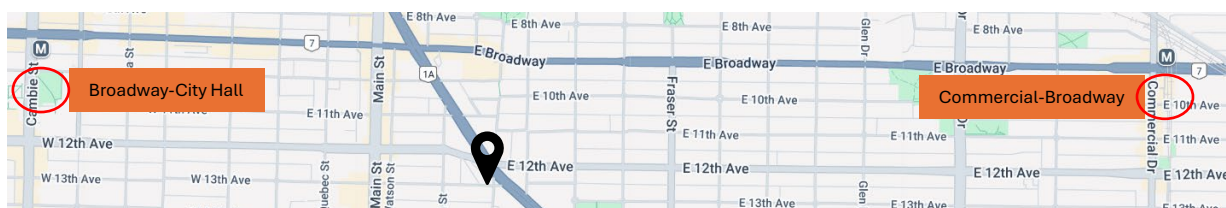
8pm onwards

There will live music provided by Paul Caldwell and Band from 9:30pm, then the House DJ will play us out until close.

Food will also be available to purchase in the venue until 10pm. This is a CNC exclusive event and registration wristbands will be used to access the venue free of charge. Non-playing members and competition affiliates will also get into the venue free of charge.

We advise all teams to make their way to the venue after the games finish on Sunday as capacity is limited.

Location: 395 Kingsway, Vancouver, BC V5T 3J7



GET HOME SAFE - PLEASE DON'T DRINK AND DRIVE

Transit:

Skytrain

Canada Line @
Broadway-City Hall

Expo/Millennium Line @
Commercial-Broadway

Bus

003 @ Main Street

019 @ Kingsway

008/009 @ E Broadway

Car-ride

Uber

Lyft

Taxi

[Vancouver Taxi](#)

[Yellow Cab Vancouver](#)

[Black Top & Checker Cabs](#)

Social Media

Stay connected and informed throughout the Canadian National Championship 2024 by following us on social media.

For up-to-date information, scores, announcements, and behind-the-scenes content:



[@cncgaa](#)



[@cncgaa](#)



[gaelicgamescanada/CNC](#)

Use the hashtags [#cnc2024](#) [#canadiannationalchampionships2024](#) to share your experiences and connect with other participants and fans.

Tourist Information

Local Events

While you're in Vancouver for the Canadian National Championship, take advantage of the city's vibrant cultural scene and exciting local events happening over Labour Day weekend. Whether you're interested in music, theatre, food, or cultural festivals, there's something for everyone to enjoy. Check out the highlights below to make the most of your time in the city and experience all that Vancouver has to offer during this bustling and festive period.

- **PNE Fair**

Date: August 31 - September 2, 2024

Location: Playland, Vancouver

Details: The final weekend of the PNE Fair includes agricultural displays, Indigenous carvers, classic fair food, concerts, the Super Dogs show, and rides and games for all ages. Notable concerts on Labour Day weekend include Barenaked Ladies (September 1), and I Love the 90s Tour featuring Vanilla Ice (September 2).

Link: pne.ca

- **Bard on the Beach**

Date: August 31 - September 1, 2024

Location: Vanier Park, Vancouver

Details: Vancouver's theatre festival staging Shakespeare plays in specialized tents. On Labour Day weekend, performances include A Comedy of Errors and Twelfth Night on Saturday and matinees of Twelfth Night and Measure for Measure on Sunday. Purchase tickets in advance.

Link: bardonthebeach.org

- **Nikkei Matsuri Japanese Festival**

Date: August 31 - September 2, 2024

Location: Burnaby

Details: Celebrates Japanese culture, art, music, and food. The festival is a fundraiser for the Nikken National Museum and Cultural Centre. Tickets should be purchased in advance

Link: nikkeimatsuri.nikkeiplace.org/

Vancouver Tourist Attractions

- **Gastown Steam Clock**

The Gastown steam clock is undoubtedly one of the most popular tourist attractions in Vancouver. The clock chimes every 15 minutes and is definitely worth stopping by on your visit this summer!

- **Stanley Park**

Stanley Park is a must-see and offers 1,000 acres of active pursuits, with beaches, an aquarium, playgrounds, a pool and splash park, botanical gardens, a golf course, 17 tennis courts, and more. While visiting Vancouver on the Labour Day long weekend try biking the

exterior Seawall or venture inside to get lost amongst ferns and centuries-old cedars on 40 miles of trails. Keep an eye out for beavers, raccoons, great blue herons, bald eagles, coyotes, and sometimes even whales.

- [Granville Island](#)

Overhauled in the 1970s, this former industrial site—technically a peninsula rather than an island—is now a thriving destination with plenty to explore. Make sure while on your visit to hop on an Aquabus to the island and spend an afternoon checking out restaurants, artist studios and galleries. The highlight is one of Canada’s most beloved culinary destinations, the Granville Island Public Market, which features confections, cheeses, bread, meats, and a food court with more tasty local eats.

- [Sea to Sky Gondola](#)

The Sea to Sky Gondola is a ten-minute gondola ride which takes you up almost 2,800 feet past Shannon Falls. Drive the stunning Sea to Sky Highway forty-five minutes to Squamish, then gaze out the gondola window for spectacular views of Howe Sound and the mountains surrounding Vancouver.

- [Grouse Mountain](#)

A year-round destination, Grouse Mountain is popular with outdoor enthusiasts, as well as those simply seeking a beautiful view. From hiking and ziplining in the summer to ice skating and snowshoeing in the winter—plus lumberjack shows and grizzly bear visits in between—Grouse Mountain has something for everyone. If you're feeling up for it try the 'Grouse Grind', a 1.8-mile trail featuring 2,830 stairs that takes you 2,800 feet up the mountain. Or just take the gondola up for amazing views of the city and the ocean.

What to Do

- [Shop at an Outdoor Market](#)

Visit the Shipyards Night Market in North Vancouver on Friday night for live music, food trucks, a beer garden, and artisan stalls.

- [Hit the Beach](#)

Labour Day weekend is one of your last chances to enjoy Vancouver’s beaches. Whether you prefer lively downtown spots or more secluded stretches, there’s a beach for everyone.

- [Take a Hike](#)

Vancouver offers trails for all levels, from beginner-friendly hikes to more challenging routes with stunning views.

- [Visit the Mountains](#)

Enjoy Vancouver’s mountains before the snow falls. Grouse Mountain, Cypress Mountain, and the Sea to Sky Gondola offer sightseeing, hiking, and more.

- [Burnaby Village Museum](#)

Step back in time and explore the Burnaby Village Museum on Labour Day (September 2nd) with special activities and displays. Admission is free, with a small fee for carousel rides.

Local Transportation Info

If you're staying at one of our partner hotels, here's how you can easily get into the city:

- **Accent Inns Burnaby, 3777 Henning Dr, Burnaby, BC V5C 6N5**

Transit:

Walk to Gilmore Station (5-10 minute walk). Take the Millennium Line towards VCC-Clark, transfer at Commercial-Broadway Station to the Expo Line towards Waterfront. Downtown Vancouver is approximately 20 minutes away.

Driving:

Drive west on Lougheed Highway and take the on-ramp to Highway 1 West. Follow signs to Vancouver, approximately 15 minutes, depending on traffic.

- **Element Vancouver Metrotown, 5988 Willingdon Ave, Burnaby, BC V5H 2A7**

Transit:

Walk to Metrotown Station (5-minute walk). Take the Expo Line towards Waterfront. Downtown Vancouver is about 20 minutes away.

Driving:

Head west on Kingsway, then take the on-ramp to Highway 1 West via Boundary Road. Follow signs to Vancouver. The drive takes approximately 20 minutes.

- **Executive Plaza Hotel Coquitlam, 405 North Rd #1, Coquitlam, BC V3K 3V9**

Transit:

Walk to Lougheed Town Centre Station (5-minute walk). Take the Millennium Line towards VCC-Clark. Transfer at Commercial-Broadway Station to the Expo Line towards Waterfront. Downtown Vancouver is about 30 minutes away.

Driving:

Head south on North Road and take the on-ramp to Highway 1 West. Follow signs to Vancouver. The drive is approximately 25 minutes, depending on traffic.